



Wed, Sep 4, 2019
Pastor Joseph Britain

Then Amalek came and fought against Israel at Rephidim. So Moses said to Joshua, "Choose men for us and go out, fight against Amalek. Tomorrow I will station myself on the top of the hill with the staff of God in my hand." Joshua did as Moses told him, and fought against Amalek; and Moses, Aaron, and Hur went up to the top of the hill. So it came about when Moses held his hand up, that Israel prevailed, and when he let his hand down, Amalek prevailed. But Moses' hands were heavy. Then they took a stone and put it under him, and he sat on it; and Aaron and Hur supported his hands, one on one side and one on the other. Thus his hands were steady until the sun set. So Joshua overwhelmed Amalek and his people with the edge of the sword. (Ex 17:8-13)

Physical Obedience _____ Spiritual Release

The Power _____ lies in obedience

When they came to the crowd, a man came up to Jesus, falling on his knees before Him and saying, "Lord, have mercy on my son, for he is a lunatic and is very ill; for he often falls into the fire and often into the water. I brought him to Your disciples, and they could not cure him." And Jesus answered and said, "You unbelieving and perverted generation, how long shall I be with you? How long shall I put up with you? Bring him here to Me." And Jesus rebuked him, and the demon came out of him, and the boy was cured at once. Then the disciples came to Jesus privately and said, "Why could we not drive it out?" And He said to them, "Because of the littleness of your faith; for truly I say to you, if you have faith the size of a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible to you. But this kind does not go out except by prayer and fasting." (Matt 17:14-21)

_____ - We're not connected enough to Jesus

_____ - We're too connected to the world

But this kind does not go out except by prayer and fasting (Matt 17:21)

_____ - connects us to God

_____ - disconnects us from the world

Fasting is NOT:

- punishing yourself because Jesus wants you to suffer
- a way to impress God
- a way to earn God's favor
- a way to back God into a corner
- a public display of spirituality

Fasting is _____ therapy